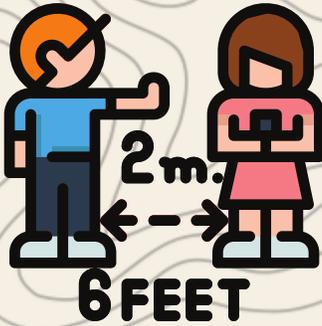


YOUR "GET TO CAMP HEALTHY" GUIDE

We all play our part in a healthy and safe summer by arriving at camp healthy. Here are tips on how to do that. Thank you for a healthy, safe, and fun summer!

BEFORE CAMP



Keep practicing good safety measures while out in public for at least 14 days before coming to camp. Wash hands regularly. Monitor your symptoms regularly with your family, including checking your temperature. Securing a negative COVID test no more than ten days before camp is suggested but not required. Vaccination is not required, but documentation of immunization, if confirmed, is appreciated.



PACKING FOR CAMP

Don't forget your masks. We ask all campers to bring their masks. We will have disposable masks for campers who lose theirs. For details on the recommended types of masks please see our protocols. There will be times when campers will be unmasked, and counselors will clearly communicate when campers need to wear masks.



Campers will not wear masks while sleeping, eating, or swimming.

ON YOUR WAY TO CAMP



Directly before leaving for camp, a parent or guardian should fill out the Summer 2021 Self Assessment Checklist and bring it to check-in. If your camper is traveling to camp with another adult, please hand that document to them filled out and signed for submission at check-in. As you travel to camp, continue to follow good safety practices when in public. Avoid eating inside restaurants. Wash hands regularly. Wear a mask inside public places.



Novusway Camps



Camper Name: _____

Week of the Summer: _____

Question	Response (yes or no)	Notes
<p>Has the camper received a negative COVID-19 test within the past 10 days and remained isolated since the test was taken? (Please share date test was taken.)</p>		<p>If no, this is not disqualifying for being at camp. It is helpful information for camp staff.</p>
<p>Has the camper remained isolated and socially distanced for the 14 days prior to arrival at camp? (Please share date that isolation and social distancing began.)</p>		<p>If no, this is not disqualifying for being at camp. It is helpful information for camp staff.</p>
<p>Has the camper been vaccinated? (Please share date that last dose was received.)</p>		<p>If no, this is not disqualifying for being at camp. You are not required to provide this information. It is helpful information for camp staff.</p>
<p>Does the camper currently have any of these emergency warning signs?</p> <ul style="list-style-type: none"> • Extreme difficulty breathing • Signs of low oxygen (e.g. abnormally bluish, gray, or white lips or face) • Severe pain or pressure in the chest • Signs of low blood pressure (e.g. too weak to stand, severe lightheadedness, or dizziness) 		<p>If yes, then this camper should not travel to camp and responsible guardians should seek emergency care.</p>
<p>Has the camper been exposed to COVID-19 by being in close contact to someone who has tested positive for COVID-19 within the last 14 days?</p>		<p>If yes, then this camper should not travel to camp and should quarantine and get tested if they feel sick.</p>
<p>Is the camper experiencing COVID-19 symptoms?</p> <ul style="list-style-type: none"> • Fever (temperature equal to or greater than 100.4) • Recent decrease or loss in sense of smell or taste • Chills (uncontrollable body shaking) • Cough that is new or worsening 		<p>If yes, then camper should not travel to camp, and should isolate and get a COVID-19 test. If camper can secure a negative COVID-19 after these symptoms, then camper can continue on to camp.</p>
<p>Is camper experiencing viral symptoms?</p> <ul style="list-style-type: none"> • New muscle aches not related to another medical condition, specific activity or other known cause (e.g. due to physical exercise) • New sore throat not related to another medical condition or known cause (e.g. allergies) • New onset of vomiting or diarrhea not related to another medical condition or known cause • New onset of severe fatigue not related to another medical condition or known cause 		<p>If yes, then camper should not travel to camp, and should isolate and get a COVID-19 test. If camper can secure a negative COVID-19 after these symptoms, then camper can continue on to camp.</p> <p>If no, for the previous four responses the camper may proceed to camp</p>

Parent or Guardian Signature

Date